

CENTAR ZA PLES, SPORT I FITNESS SAVSKA

Savska cesta 120, Zagreb

MALA DVORANA U PRIZEMLJU

od	do	pon	uto	sri	čet	pet	sub	ned
9:00	– 10:00							
10:00	– 11:00							
11:00	– 12:00		rekr. za STARIJE		rekr. za STARIJE			
12:00	– 13:00							
13:00	– 14:00							
14:00	– 15:00							
15:00	– 16:00							
16:00	– 16:30							
16:30	– 17:00							
17:00	– 17:30	KOREKTIVNA GIMNASTIKA	SALSA tečaj počet. after work	KOREKTIVNA GIMNASTIKA	SALSA tečaj počet. after work	KOREKTIVNA + PILATES		
17:30	– 18:00	PILATES	SALSA tečaj napr. by Boogaloo	PILATES	SALSA tečaj napr. by Boogaloo			
18:00	– 18:30	STANDARD/LATIN tečaj plesa	JAZZ DANCE by Tihana	STANDARD/LATIN tečaj plesa	SWING DANCES počet.			
18:30	– 19:00	CUBA,DANZA&CO. INTERM. Josipa&Ramon	CUBA,DANZA&CO.	CUBA,DANZA&CO. INTERM. Josipa&Ramon	by Swing Zg	REGGAETON počet. by Sara	TEČAJ PLESA by PC Spin	TEČAJ PLESA by PC Spin
19:00	– 19:30							
19:30	– 20:00							
20:00	– 20:30							
20:30	– 21:00							
21:00	– 21:30	SENSUAL DANCES tečaj by Ozy i Josipa	POČET. Josipa&Ramon	REGGAETON počet. by Sara	POČET. Josipa&Ramon			
21:30	– 22:00		CUBA,DANZA&CO. NAPR. Josipa&Ramon		CUBA,DANZA&CO. NAPR. Josipa&Ramon			
22:00	– 22:30							
22:30	– 23:00							

MALA DVORANA NA KATU

od	do	pon	uto	sri	čet	pet	sub	ned
9:15	– 10:15							
10:15	– 11:15							
11:15	– 12:15							
12:15	– 13:15							
13:15	– 14:15							
14:15	– 15:15							
15:15	– 16:15							
16:15	– 16:45						PLES NA SVILI by Martina od 16:30 *početna	PLES NA SVILI by Martina od 16:30 *početna
16:45	– 17:15							
17:15	– 17:45							
17:45	– 18:15							
18:15	– 18:45		MASALA BHANGRA by Mirela		MASALA BHANGRA by Mirela		PLES NA SVILI privat	PLES NA SVILI privat
18:45	– 19:15	PLES NA SVILI by Martina *početna	PILATES počet. by Danijela	S - FAKTOR + PLES NA SVILI + RING MIX	PILATES počet. by Danijela	PLES NA SVILI by Martina *početna		BURLESKA by Laura
19:15	– 19:45							
19:45	– 20:15							
20:15	– 20:45	PILATES by Danijela	LADY STYLING napr. by Ela	PILATES by Danijela	TEČAJ PLESA by Vlado	LADY STYLING počet. by Ela od 20:30 - 21:30		
20:45	– 21:15							
21:15	– 21:45	MTV JAZZ Kelkope	AFRO CARIBBEAN tečaj by Ozy	MTV JAZZ Kelkope	BURLESKA by Laura			
21:45	– 22:15							
22:15	– 22:45							

VELIKA DVORANA U PRIZEMLJU - KLUB

od	do	pon	uto	sri	čet	pet	sub	ned
9:15	– 10:15							
10:15	– 11:15							
11:15	– 12:15						KELKOPE od 11-12:30	
12:15	– 13:15							
13:15	– 14:15							
14:15	– 15:15							
15:15	– 16:15							
16:15	– 16:45							
16:45	– 17:15		BALLE T WORKOUT by Sven		BALLE T WORKOUT by Sven			
17:15	– 17:45	PLES NA SVILI by Martina *napredna	BALLE T WORKOUT by Sven		BALLE T WORKOUT by Sven	PLES NA SVILI by Martina *napredna		
17:45	– 18:15		KRUŽNI TR. by Kiki		KRUŽNI TR. by Kiki			
18:15	– 18:45							
18:45	– 19:15							
19:15	– 19:45	ZUMBA by Jelena	ZUMBA u 19:30 by Maris	ZUMBA by Jelena	ZUMBA u 19:30 by Maris		PLESNE RADIONICE Ciglar	
19:45	– 20:15					OLD SCHOOL AEROBIC		
20:15	– 20:45	INSANITY WORKOUT	INSANITY WORKOUT	INSANITY WORKOUT	SWING DANCES u 20:30 by Swing Zg			Tango milonga
20:45	– 21:15							
21:15	– 21:45	REGGAETON napred. by Tea	OLD SCHOOL AEROBIC	REGGAETON napred. by Tea				
21:45	– 22:15				SWING social party	Buena Vista salsa	Club Zagreb plesnjak	Sensual Sunday party
22:15	– 22:45							

VELIKA SPORTSKA DVORANA

od	do	pon	uto	sri	čet	pet	sub	ned
8:00	– 9:00							
9:00	– 9:30						KLUB ERSTE odbojka	KLUB ERSTE odbojka
9:30	– 10:00							
10:00	– 10:30							
10:30	– 11:00							
11:00	– 12:00	KLUB ERSTE odbojka		KLUB ERSTE odbojka				
12:00	– 12:30				KLUB ERSTE odbojka	KLUB ERSTE odbojka		
12:30	– 13:00							
13:00	– 13:30							
14:00	– 15:00							
15:00	– 15:30							
15:30	– 16:00							
16:00	– 16:30							
16:30	– 17:00						Kristijan košarka	
17:00	– 17:30		HEP odbojka		KONČAR košarka			Ana košarka
17:30	– 18:00							
18:00	– 18:30		OLIMPIĆI	Ana košarka	OLIMPIĆI			
18:30	– 19:00	HBOR odbojka						Baković košarka
19:00	– 19:30		OLIMPIĆI	ZABA odbojka	OLIMPIĆI	INSANITY WORKOUT	Đurašević košarka	
19:30	– 20:00							
20:00	– 20:30		Žilić košarka		HBOR odbojka	KONČAR 2 košarka		
20:30	– 21:00	Ivan Matasić nogomet						
21:00	– 21:30			HPB 2 odbojka				Šarić košarka
21:30	– 22:00	ZŠEM košarka (ekonomski)	KLUB ERSTE odbojka		ZŠEM košarka (ekonomski)			
22:00	– 22:30			KLUB ERSTE odbojka				Batinić košarka
22:30	– 23:00							
23:00	– 23:30	7.1.						

GRUPNE AKTIVNOSTI :

- upisi u grupne aktivnosti su u tijeku

- za informaciju kada počinje određena aktivnost, molimo nazovite na navedene brojeve telefona

AKTIVNOST	VODITELJ	TELEFON	START
PILATES	by Vlatka	01 619 11 77	03.09.2012.
KOREKTIVNA GIMNASTIKA	by Vlatka	01 619 11 77	03.09.2012.
KRUŽNI TRENING	by Kiki	01 619 11 77	04.09.2012.
BALLET WORKOUT	by Sven	01 619 11 77	04.09.2012.
ZUMBA	by Maris	01 619 11 77	04.09.2012.
ZUMBA	by Jelena	01 619 11 77	03.09.2012.
REGGAETON	by Tea	01 619 11 77	03.09.2012.
URBAN LATINO za srednjoškolce	by Tea	01 619 11 77	05.10.2012.
SALSA tečaj	by PŠ Boogaloo	01 619 11 77	09.10.2012.

DODATNE AKTIVNOSTI

TEČAJ PLESA standard i latin	by Buena Vista	01 619 11 77	8.10.
ORIJENTALNI PLESOVI	by Nefertiti	098 94 94 379	16.10.
MASALA BHANGRA	by Mirela	098 16 81 546	4.9.
JAZZ DANCE	by Tihana	099 331 82 13	11.9.
TEČAJ PLESA	by Vlado	091 58 50 725	18.10.
SALSA	by Cuba, Danza & Co.	095 90 70 542	24.9.
ZUMBA	by Danijela	091 51 44 273	10.9.
PILATES	by Danijela	091 51 44 273	10.9.
BURLESKA	by Laura	091 511 26 63	9.9.
SENSUAL DANCES tečaj	by Ozy i Josipa	091 43 9999 4	24.9.
AFRO CARIBBEAN tečaj	by Ozy	091 43 9999 4	25.9.
SWING DANCES	by Back to Swing	095 90 47 658	4.10.
SALSA LADY STYLING	by Ela	092 14 81 494	4.9.
PLES NA SVILI	by Martina	095 87 91 587	17.9.
* PLES NA SVILI 2.			20.10.
S-FAKTOR + SVILA + RING	by Martina	095 87 91 587	19.9.
TEČAJ PLESA standard i latin	by PC Spin	098 130 40 50	
* TEČAJ PLESA standard i latin 2.			17.11.
KELKOPE		091 3 1111 71	
KLASIČNI BALET		091 3 1111 71	
REKREACIJA ZA STARIJE	by Martina	092 25 98 957	4.9.
OLIMPIĆI (sportska igraonica za djecu)	by Dalibor	098 942 41 86	2.10.