

ENGLISH

Being here, feeling well.



Wellness
Hotel Astoria Bled ★★★



MASSAGES AND BODY CARES

Astoria body care massage

100 minutes, 70 EUR

Foot reflexology massage

60 minutes, 45 EUR

Head and foot reflexology massage

60 minutes, 45 EUR

*Classical massage

60 minutes, 45 EUR

*Anti-stress massage

60 minutes, 45 EUR

PART BODY MESSAGES

Foot reflexology massage

30 minutes, 30 EUR

*Upper back massage

20 minutes, 20 EUR

*Lower back massage

20 minutes, 20 EUR

*Back massage

30 minutes, 30 EUR

*Face, neck and décolleté massage

30 minutes, 25 EUR

*Leg massage

30 minutes, 30 EUR

MANUAL LYMPH DRAINAGE

Whole body manual lymph drainage
and foot reflexology massage

100 minutes, 70 EUR

Whole body manual lymph drainage

80 minutes, 60 EUR

Whole leg manual lymph drainage

60 minutes, 50 EUR

BODY PEELING

* Body salt peeling with classical massage

80 minutes, 60 EUR

* Body salt peeling

40 minutes, 20 EUR



BODY CARE TREATMENTS

Anti - Aging	60 minutes, 39 EUR
Detox (legs)	60 minutes, 45 EUR
Anti - cellulite treatment	90 minutes, 75 EUR
Aromatic care - Relax	60 minutes, 35 EUR
Aromatic care - Vital	60 minutes, 55 EUR

HAND AND FOOT TREATMENTS

Manicure	60 minutes, 35 EUR
Pedicure	60 minutes, 40 EUR
* Part manicure	30 minutes, 15 EUR

HAIR REMOVAL

Face	10 EUR
legs	20 EUR
Legs - partial	15 EUR
Arms	10 EUR
Back or chest (men)	20 EUR
Bikini	5 EUR
Upper lip	free of charge

* "Student hours, -60% off regular prices"



- 40%

MASSAGE AND BODY CARE PACKAGES

You are kindly invited to Wellness Astoria, where you can enjoy the positive atmosphere as well as a relaxing wellness experience.

With various massage and body care treatments packages you can:

- maintain your healthy lifestyle,
- give an ideal gift to somebody special,
- combine treatments with Sauna Park offer,
- benefit from transferable card between your friends or family.

When purchasing the selected package, you will receive a card, valid one year from the date of purchase. You can enjoy your massage and body care treatments every day of the week (except during the holidays) upon prior reservation.

! Limitation on special offers: Special deals don't apply during the holidays.

RELAX PACKAGE, 65 EUR

SAVE
40 EUR

The package includes 3 massages:

- 1x Classical massage (60 min.)
- 1x Back massage (30 min.)
- 1x Face, neck and décolleté massage (30 min.)

VITAL PACKAGE, 123 EUR

SAVE
82 EUR

The package includes 6 massages:

- 2x Classical massage (60 min.)
- 2x Back massage (30 min.)
- 1x Face, neck and décolleté massage (30 min.)
- 1x Foot reflexology massage (30 min.)

FIT PACKAGE, 177 EUR

SAVE
118 EUR

The package includes 9 massages:

- 4x Back massage (30 min.)
- 2x Classical massage (60 min.)
- 1x Face, neck and décolleté massage (30 min.)
- 1x Foot reflexology massage (30 min.)
- 1x Leg massage (30 min.)

TOP PACKAGE, 258 EUR

SAVE
172 EUR

The package includes 12 massages:

- 4x Back massage (30 min.)
- 3x Classical massage (60 min.)
- 1x Anti-stress massage (60 min.)
- 1x Head and foot reflexology massage (60 min.)
- 1x Face, neck and décolleté massage (30 min.)
- 1x Foot reflexology massage (30 min.)
- 1x Leg massage (30 min.)

 Limitation on special offers: Special deals don't apply during the holidays.

RELAX PACKAGE, 60 EUR

The package includes 2 body care treatments:

- 1x Body salt peeling (40 min.)
- 1x Aromatic care - relax (60 min.)

SAVE
10 EUR

VITAL PACKAGE, 123 EUR

The package includes 4 body care treatments:

- 1x Body salt peeling (40 min.)
- 1x Anti-Aging (60 min.)
- 1x Aromatic care - vital (60 min.)
- 1x Anti-cellulite body care (60 min.)

SAVE
47 EUR

FIT PACKAGE, 177 EUR

The package includes 6 body care treatments:

- 2x Body salt peeling (40 min.)
- 1x Anti-Aging (60 min.)
- 1x Aromatic care - Relax (60 min.)
- 1x Detox (60 min.)
- 1x Anti-cellulite body care (60 min.)

SAVE
62 EUR

TOP PACKAGE, 258 EUR

The package includes 8 body care treatments:

- 2x Body salt peeling (40 min.)
- 1x Anti-Aging (60 min.)
- 1x Aromatic care - Relax (60 min.)
- 1x Detox (60 min.)
- 2x Anti cellulite body care (60 min.)
- 1x Better circulation treatment (60 min.)

SAVE
89 EUR

! Limitation on special offers: Special deals don't apply during the holidays.



- 20%

INDIVIDUAL PACKAGE

For at least two selected treatments, we offer discount. You can combine between:

Body salt peeling with classical massage	80 minutes, 60 EUR
Leg massage	30 minutes, 30 EUR
Refreshing facial treatment	60 minutes, 45 EUR
Pedicure	60 minutes, 40 EUR
Manicure	60 minutes, 35 EUR

ⓘ Limitation on special offers: Special deals don't apply during the holidays.



FACIAL TREATMENT WITH FACIAL REFLEXOLOGY

MOISTURIZING FACIAL TREATMENT
Hyaluron (60 min.) & facial reflexology (30 min.)

90 minut., 27 EUR

ANTI - AGING FACIAL TREATMENT
3peptides (60 min.) & facial reflexology (30 min.)

90 minut., 39 EUR

● Limitation on special offers: Special deals don't apply during the holidays.



FACIAL TREATMENTS

CELL REGENERATION facial treatment	90 minutes, 65 EUR
ANTI-AGING facial treatment	90 minutes, 65 EUR
AROMATHERAPY facial treatment	90 minutes, 65 EUR
REFRESHING facial treatment	60 minutes, 45 EUR
POWER MOISTURIZING facial treatment	60 minutes, 45 EUR
STRESS RELIEF facial treatment	60 minutes, 45 EUR
MAN'S facial treatment	60 minutes, 45 EUR
ACNE facial treatment	60 minutes, 45 EUR



SAUNA PARK



Come and enjoy our Sauna Park. You can choose from a wide selection of saunas:

- Turkish sauna (complete with color therapy)
- Finnish sauna
- Herbal sauna
- Infra-red sauna

The Sauna Park admission fee includes:

- the Kneipp therapy,
- all current additions to the programme
- use of all saunas
- a sauna robe or sheet and towel.
- use of indoor and outdoor whirlpool – that one is closed in the winter
- use of the massage path designed to stimulate reflex points on the feet

Feel free to make use of our fitness centre and multi-purpose exercise hall.



PRICES - SINGLE VISIT (unlimited time)

Monday – Friday	20 EUR
Saturday – Sunday and holidays	25 EUR

MULTI VISIT ACCESS PASS (unlimited time)

10 visits	19 EUR/visit
20 visits	17 EUR/visit
30 visits and more	15 EUR/visit
THREE-MONTH PASS (one unlimited entry per day)	290 EUR
SIX-MONTH PASS (one unlimited entry per day)	570 EUR

 All prices are denoted in EUR and include VAT.
 The price list is valid from 1.3.2018. We reserve the right to change prices.



ADVANTAGES

WELLNESS CENTRE ASTORIA

- ❖ Wellness centre in Bled
- ❖ Free parking
- ❖ A wide variety of wellness treatments
- ❖ Individual approach to the guest's needs
- ❖ Student hours
- ❖ Pleasant atmosphere in natural environment
- ❖ Relaxation area with a view
- ❖ Working according with the EU eco label
- ❖ Very pleasant restaurant and cafe Astoria



EU Ecolabel : SI / 025 / 06



Hotel Astoria | Prešernova cesta 44 | SI-4260 Bled | +386 45 79 44 10
wellness-astoria@vgs-bled.si | www.hotelastoria-bled.com

